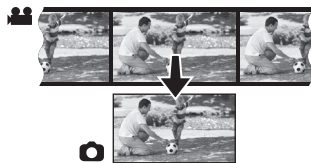


Creating still pictures from 4K motion pictures

You can create still pictures of approximately 8 million pixels from 4K motion pictures. Like taking pictures at a high burst speed, you can create still pictures that capture the moments.



1 Recording motion pictures in 4K

- When recording motion pictures in 4K, use a card rated as UHS Speed Class 3.

1 Set the mode dial to [M] (Creative Video Mode).



2 Set menu options.

Menu items to be selected	Menu options to be set
[Motion Picture]	[Rec Format] [MP4 (LPCM)] or [MOV]
	[Rec Quality] [4K/100M/30p] or [4K/100M/25p]
	[Luminance Level] [0–255]
	[Exposure Mode] [S] (Sets the exposure automatically according to the set shutter speed.)

- Exit the menu after it is set.

3 Set the shutter speed by rotating the rear dial or the front dial.

- To record a fast-moving subject, increase the shutter speed.
 - Approximate shutter speed for outdoor recording in fine weather conditions: 1/2000 seconds or faster
- If you increase the shutter speed:
 - The ISO sensitivity becomes higher. This may result in more visible noise on the screen.
 - The motion of the subject may not appear smooth during motion picture playback.



4 Record a motion picture.

- Press the motion picture button or the shutter button to start recording a motion picture.
- Press the motion picture button or the shutter button again to stop recording a motion picture.
- The angle of view of motion pictures in 4K is narrower than those of motion pictures in other sizes.



2 Creating Still Pictures from a Motion Picture

1 Press the cursor button ▲ to pause motion picture playback at the point where you want to capture a picture.

- If you press the cursor button ◀/▶ during a pause, you can rewind or forward the motion picture.



2 Press [MENU/SET].

- Confirmation screen is displayed. It is executed when [Yes] is selected.

- To create still pictures from motion pictures when the camera is connected to a TV with an HDMI micro cable, set [VIERA Link] in [TV Connection] in the [Setup] menu to [OFF].

For details on the operation of each step or how to set each menu option, refer to the "Owner's Manual for advanced features (Operating Instructions for advanced features)" (PDF format).